

Foxtail Millets

Upma

<https://www.youtube.com/watch?v=YtiysOJ0mi0s> (Video courtesy Nation Food)

Lemon Rice

<https://www.youtube.com/watch?v=EFmRxTen4cM> (Video courtesy Nation Food)

Lemon Rice (Little Millet)

<https://www.youtube.com/watch?v=fgi2Tfl-RmY> (Video courtesy Basic Cooking)

Millets Ambali

<https://www.youtube.com/watch?v=aJWEBdA9tpw> (Video courtesy Millets Recipes)

<https://www.youtube.com/watch?v=gOWeBjUfRjI> (Video courtesy Dr Khadar Lifestyle)

<https://www.youtube.com/watch?v=6ONEnlUTVr0> (Video courtesy FitFood Flavours)

Yummy Millet Smoothies

<https://www.youtube.com/watch?v=7rDUqXxsYjU> (Video courtesy MILLET MAGIC)

Ragi / Nachani / Finger Millet Soup

<https://www.youtube.com/watch?v=RAU8IMkwnpA> (Video courtesy Skinny Recipes)

Instant Ragi / Nachani / Finger Millet Dosa

<https://www.youtube.com/watch?v=jEOtna3oZLo> (Video courtesy Kunal Kapur)

15 Variety Ragi / Nachani / Finger Millet Recipes

<https://www.youtube.com/watch?v=pQUhEqhkLYk> (Video courtesy Bhusanur.cooking)

Jowar Roti or Bhakri -Easy Tips n Tricks

<https://www.youtube.com/watch?v=oss7kyllNgg&t=18s> (Video courtesy Bhusanur.cooking)

<https://www.youtube.com/watch?v=K7MJSPLokGY> (Video courtesy Cooking Time with Shraddha)

Instant Jowar Dhokla Recipe

https://www.youtube.com/watch?v=AK5zpl3Z_xA (Video courtesy Meghna's Food Magic)

Jowar Paratha

<https://www.youtube.com/watch?v=7cEfhb52wyc> (Video courtesy Nation Food)

https://www.youtube.com/watch?v=n6xcXkj_eJg (Video courtesy Meghna's Food Magic)